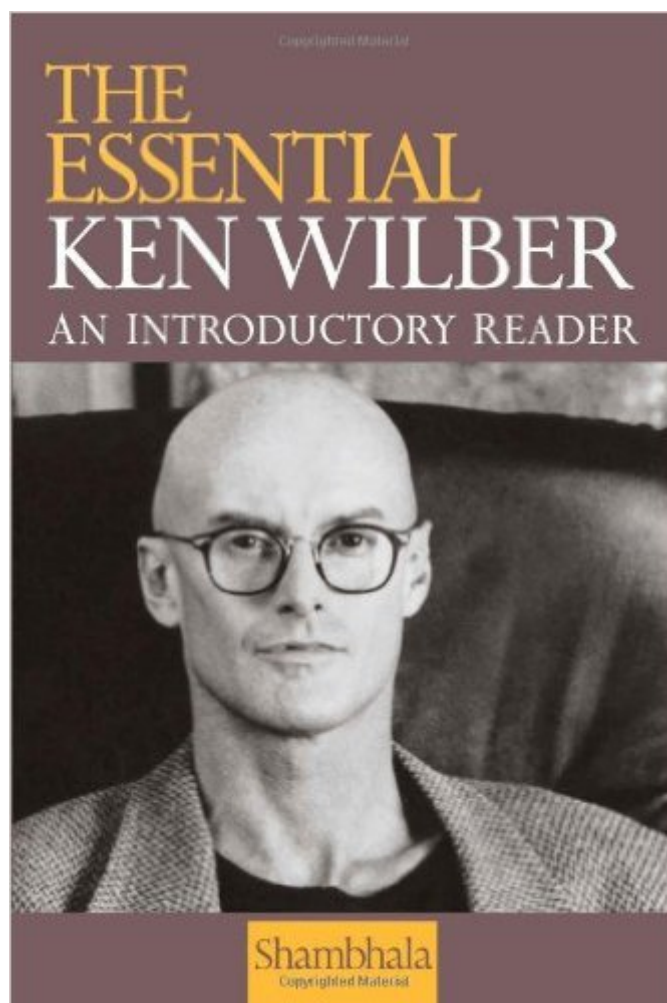


The book was found

The Essential Ken Wilber: An Introductory Reader



Synopsis

Ever since the publication of his first book, *The Spectrum of Consciousness*, written when he was twenty-three, Ken Wilber has been identified as the most comprehensive philosophical thinker of our times. This introductory sampler, designed to acquaint newcomers with his work, contains brief passages from his most popular books, ranging over a variety of topics, including levels of consciousness, mystical experience, meditation practice, death, the perennial philosophy, and Wilber's integral approach to reality, integrating matter, body, mind, soul, and spirit. Here is Wilber's writing at its most reader-friendly, discussing essential ideas of the world's great psychological, philosophical, and spiritual traditions in language that is lucid, engaging, and inspirational.

Book Information

Paperback: 199 pages

Publisher: Shambhala; 1st edition (September 14, 1998)

Language: English

ISBN-10: 1570623791

ISBN-13: 979-1570623799

Product Dimensions: 6 x 0.6 x 9 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars [See all reviews](#) (19 customer reviews)

Best Sellers Rank: #275,420 in Books (See Top 100 in Books) #24 in [Books > Medical Books > Psychology > Movements > Transpersonal](#) #665 in [Books > Politics & Social Sciences > Philosophy > Modern](#) #2447 in [Books > Politics & Social Sciences > Philosophy > Eastern](#)

Customer Reviews

This book is misleadingly titled, in that it does not, in my opinion, contain the essential core of Ken Wilber's thought. It's not even a greatest hits collection. What this book is most useful for is to dip one's toe into Wilber's vast and brilliant work in order to see if it's worth one's time to more thoroughly investigate his work. If you want to take the word of many of the most profound thinkers of this time that Ken Wilber is doing some of the most comprehensive and important thinking and writing of anyone alive today, then skip this book and proceed directly to "A Brief History of Everything." That book is more like the essential Ken Wilber in that it is a succinct and accessible, but fairly comprehensive summary of his system of integral theory. "A Theory of Everything," a more recent book, is KW's own choice for the "best" introduction to his work. Both those books, although not as technical and dense as much of his lengthier work (and aimed at a more popular readership),

are still reasonably demanding and linear in exposition."The Essential Ken Wilber" is a collection of excerpts from his other books. It is organized in bite-sized parcels that can be read and thought about, picking the book up and putting it back down, without your feeling like you have to plow through the whole thing or you'll lose the thread. It will give you a tantalizing taste of his thinking and his writing style without having to work too hard to get it. If you have read any of KW's other work, you don't need this one. Instead, buy and read any of his other books you haven't gotten to yet. If you have not yet read Ken Wilber, what's all the fuss about? This book will give you some clues.

[Download to continue reading...](#)

The Essential Ken Wilber: An Introductory Reader
Essential Oils: 50 Essential Oil Dog & Cat Recipes From My Essential Oil Private Collection: Proven Essential Oil Recipes That Work! (Essential Oil Pet Private Collection Book 1)
Essential Oils: Ultimate Essential Oils Guide and 89 Powerful Essential Oil Recipes! (2nd Edition) - How to Use Essential Oils for Aromatherapy and Healthy ...
Loss, Essential Oil Recipes, Aromatherapy)
ESSENTIAL OILS: Aromatherapy, Essential Oils For Beginners, And Essential Oil Recipes To Improve Your Health (Medicinal Herbs) (Essential oil recipes, ... Aromatherapy and essential oils Book 1)
Essential Oils: 40 Amazing Essential Oil Recipes for Diffusers: (Diffusers, Natural Remedies) (essential oils diffusers, young living essential oils book)
Essential Oils For Beginners: Essential Oils For Beginners: How To Use The Essential Oils To Maximize Your Health And Longevity (Essential Oils And Aromatherapy) (Volume 1)
Essential Oils: 120+ Essential Oils Recipes For Diffusers, Aromatherapy, Natural Remedies For Skin And Hair Care: (Essential Oils For Weight Loss, Aromatherapy) ...
Oils, Essential Oils For Allergie)
Cartridge Drawings Now and Then from the Pen of Ken
Eighty Great Natural Shade Garden Plants (Ken Druse's Natural Garden Guides)
Qigong Meditations: Taoist Inner Healing Exercises with Ken Cohen
Ken's Guide to the Bible FrÃ¼ken Jensens Kogebog (Danish Edition)
Ken Jennings's Trivia Almanac: 8,888 Questions in 365 Days
Ken Ludwig's Shakespeare in Hollywood
Maternity Nursing: An Introductory Text, 11e (MATERNITY NURSINGAN INTRODUCTORY TEXT (BURROUGHS)) 11th (Eleventh) Edition
The Essential Reader's Companion (Star Wars) (Star Wars: Essential Guides) Bundle: New Perspectives
Microsoft Office 365 & Office 2016: Introductory, Loose-leaf Version + SAM 365 & 2016 Assessments, Trainings, and Projects with 1 MindTap Reader
Multi-Term Printed Access Card
Uncle John's Canoramic Bathroom Reader (Uncle John's Bathroom Reader)
Uncle John's Fully Loaded 25th Anniversary Bathroom Reader (Uncle John's Bathroom Reader)
Uncle John's Heavy Duty Bathroom Reader (Uncle John's Bathroom Reader)

[Dmca](#)